

## Paired Reading for adults

What is paired reading?

Paired reading

- means reading aloud with someone who is a fluent reader
- helps you become a more fluent reader

What do I do?

- Find someone who is a fluent reader who you can meet at least 3 times a week – everyday, if possible.
- Find some reading material that is about the level you feel you can cope with.
- The other person reads a paragraph at a reasonable pace with good expression – not too fast, but not too slow either. This sets the rhythm.
- For the rest of the reading, the other person reads the first sentence, then you read the next sentence and so on.
- If you stumble over a word, then the other person reads that for you. This keeps the steady pace going.
- If you feel confident, then continue on reading instead of changing over. This probably means that you are nearly ready for the next level.

What next?

- At each session, keep reading the chosen level of reading until you are reading with good rhythm and expression, but with very few hesitations.
- Now you can choose the next level up. You gradually increase the degree of difficulty but don't do this until you feel you are fluent at the current level.

How often?

- At least half an hour 3 times per week, or 20 minutes daily.